

16 Day Meal List

Day 1

Lunch Cold cuts, Turkey/Ham
Dinner ravioli
Hors d'oeuvres SD tom tapenade & pita wedges
Side Dish Green Salad & Garlic Bread
Dessert Tiramisu cake

Day 2

Breakfast Eggs & Toast with Ham
Lunch Taco Salad
Dinner Fish Fillets
Hors d'oeuvres Bruschetta
Side Dish Wild rice, Broccoli & Red pots
Dessert Peach Cobbler

Day 3

Breakfast Oat Pancakes & Bacon
Lunch Cold Cuts, Turkey
Dinner Fajitas
Hors d'oeuvres chips and guacamole
Side Dish Black beans & rice
Dessert Strawberry Pound Cake

Day 4

Breakfast Fruit Salad, Bagels & Lox
Lunch Waldorf salad
Dinner Grilled Steaks
Hors d'oeuvres Caprese Salad
Side Dish Mashed Potatoes & Slaw & Corn
Dessert Chocolate Cake

Day 5

Breakfast French Toast & Sausage
Lunch Cold Cuts, Trky/Beef
Dinner Jambalaya
Hors d'oeuvres Veggie Sticks & Dip
Side Dish Ceasar Salad & Garlic bread
Dessert Chocolate Chip Bars

Day 6

Breakfast Roast Beef Hash & Eggs
Lunch Tuna Salad
Dinner Ginger Beef
Hors d'oeuvres Eggrolls
Side Dish Couscous and Tossed Salad
Dessert Cheesecake

Day 7

Breakfast Hot & Cold Cereal, Bagels
Lunch Interchange Cold Cuts
Dinner Greek Chicken Breast
Hors d'oeuvres Endive Cups
Side Dish Orzo, Green Salad & Tbread
Dessert Iced Oatmeal Cookies & Applesauce

Day 8

Breakfast French Toast & Bacon
Lunch Hummus, Tabouli & Raita
Dinner Hamburgers & Bratwurst
Hors d'oeuvres Pringles & dip
Side Dish Cucumber Salad & Baked Beans
Dessert Brownies

Day 9

Breakfast Eggs to Order & Ham
Lunch Taco Salad
Dinner Andouli Sausage & SD tapenade pasta
Hors d'oeuvres Cheese & Crackers & Oysters
Side Dish Endive Salad & G Bread
Dessert Carrot Cake

Day 10

Breakfast Breakfast Burritos w/chorizo
Lunch Cold Cuts, Club Style
Dinner Thai Stir Fry
Hors d'oeuvres Edamame & Jicama
Side Dish Tossed Salad & Rice
Dessert Ginger Bread

Day 11

Breakfast Pancakes & Bacon
Lunch Pasta Salad
Dinner BBQ Pork Chops
Hors d'oeuvres Crackers & Cheese
Side Dish Ranch Beans & Cole Slaw
Dessert Pineapple Upside Down Cake

Day 12

Breakfast Sausage, Potatoes and Eggs
Lunch Chicken Salad
Dinner Roll Your Own Burritos
Hors d'oeuvres Chips & Salsa
Side Dish Rice
Dessert Cherry Cobbler

Day 13

Breakfast Hot Cereal & Bagels
Lunch Cold cuts, Turkey & Roast Beef
Dinner Lasagne
Hors d'oeuvres Antipasto
Side Dish Tossed Salad & Garlic Bread
Dessert Biscotti

Day 14

Breakfast Scrambled Eggs & Can. Bacon
Lunch Curried Tuna
Dinner Black Bean Posole
Hors d'oeuvres Tortilla Roll ups
Side Dish Cornbread & Rice
Dessert Pirouline Cookies

Day 15

Breakfast Pancakes & Sausage
Lunch More Cold Cuts, Trky/Ham
Dinner Fettucinni alfredo
Hors d'oeuvres Manchego & Quince
Side Dish Corn & Coleslaw
Dessert Mystic Mints

Day 16

Breakfast Bagels